



RELAX YOUR BODY AND YOUR MIND

FREE YOGA CLASSES

FOR ALL

ENGINEERING STUDENTS, FACULTY AND STAFF

EVERY FIRST AND THIRD THURSDAY OF THE MONTH
IN THE ARMS ATRIUM FROM 4:30-5:30 P.M.

FALL SEMESTER 2025 CLASS DATES

SEPTEMBER

9/4/25

9/18/25

OCTOBER

10/2/25

10/16/25

NOVEMBER

11/6/25

11/20/25

DECEMBER

12/4/25

12/18/25

BRING YOUR OWN MAT OR BORROW ONE OF OURS
NO EXPERIENCE NECESSARY | LICENSED YOGA INSTRUCTOR

FOR MORE INFORMATION CONTACT: [KMEATON@PURDUE.EDU](mailto:kmeaton@purdue.edu)

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College of Engineering